

“ENRICHING YOUR RELATIONSHIPS THROUGH PRAYER”

REVIEW

Answer the following questions...

1. As an individual I pray (circle one)
Regularly, Often, Sometimes, Seldom, Never
2. As a couple we pray together (circle one)
Regularly, Often, Sometimes, Seldom, Never
3. I think praying for me is (circle one)
Important, Valuable, Has some merit, Not necessary
4. I think praying together as a couple is (circle one)
Important, Valuable, Has some merit, Not necessary
5. What holds you back from praying? Praying with your spouse?
6. Describe your feeling when you pray? Pray with your spouse?
5. What motivates you to pray?

Overview of the 10 sessions

PURPOSE Prayer displays our faith, hope and love, it is an act of acknowledging God's sovereignty over all things. It is our way of developing relationships.

Psalm 32:6

Ephesians 3:14-21

“We should learn that at any moment we can reach God, the power of the universe, by PRAYER.”

PASSION... Is an emotional excitement about something that leads us to action. “A prayer life that is undertaken with strong PASSION has a good chance of being effective.”

Romans 12:9-13

PRESENCE OF GOD... Is what a sincere prayer acknowledges.

Prayer is having an audience with the Lord.

Psalm 23

Matthew 6:33

PEACE... is a product of prayer because you say prayer in the name of Jesus, the Prince of Peace. God is not a God of confusion.

John 14:27

Philippians 4:6,8 Isaiah 40:28-31

I John 2:6

PLAN... usually precedes an action. If prayer is the way we develop a relationship with God than we ought to plan. A plan gives us something to follow a blueprint of what we are to do. This plan requires a Decision to pray, a Depth of understanding of prayer, Directions to follow, a Dedication to prayer and a Discipline to pray.

Matthew 6:5-15

PRAISE... to God is acknowledging our need of Him and His greatness. Our act of true praise is offering our total self to the Lord.
Psalm 148
Ephesians 1:3-14

POWER... is God's strength shown to us through prayer. To the sinner Jesus' name means forgiveness, to the sick it means healing, to the lonely it means comfort to the one who prays His name means **POWER**.
John 14:12-14
Romans 8: 26,27

PERSEVERANCE... is believing enough in our prayers to continue with them even if the worldly odds are against us. Perseverance is hope beyond our own understanding.
Hebrews 3:6
James 5:10,11
Luke 18:1-8
Romans 15:13

PETITION... is giving God an opportunity to show us how much He loves us. Petitions to God go beyond our own needs. Asking God for things other than our needs is not wrong but all should be according to His will.
I John 5:14,15
Psalm 37:3-9
I Timothy 2:1-8

PRACTICING... is doing what it takes to become more comfortable with and better at praying. Practicing is doing a thing often for the purpose of enjoying it more. Every time we acknowledge God in our lives we are praying.
Romans 12:12 Luke 18:1
Matthew 5:17-20
"Recognize the Lord's activity in your life on a moment by moment basis and that will help you practice your prayer life"